



RLSS UK First Aid at Work and Emergency First Aid at Work

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First Aid at Work (FAW)

→ IQL Level 3 🕒 18 hours 📄 3 years validity

What is FAW?

IQL Level 3 First Aid at Work (EFAW) qualification.

This covers a wide range of CPR and first aid skills, equipping the first-aider to apply first aid to a range of specific injuries and illness.

This three-day course covers a range of CPR and first aid skills, providing you with the skills to ensure a safe working environment.

The qualification is Ofqual accredited and valid for three years, making it suitable for all industries and enabling you to meet HSE requirements.

[https://www.rlss.org.uk/
first-aid-at-work](https://www.rlss.org.uk/first-aid-at-work)

Subjects covered

- Role and responsibilities of a first aider
- Manage an unresponsive casualty who is not breathing normally
- How to manage a casualty who is in shock
- How to assess an incident
- Recognise and assist a casualty who is choking
- Manage a casualty with a minor injury
- How to manage an unresponsive casualty who is breathing normally
- Manage a casualty with external bleeding
- How to conduct a secondary survey
- How to administer first aid to a casualty with burns and scalds
- How to provide first aid to a casualty with suspected major illness
- How to administer first aid to a casualty with injuries to bones, muscles and joints
- How to administer first aid to a casualty with an eye injury
- How to administer first aid to a casualty with suspected head and spinal injuries
- How to administer first aid to a casualty with sudden poisoning
- How to administer first aid to a casualty with suspected chest injuries
- How to administer first aid to a casualty with anaphylaxis

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Emergency First Aid at Work (EFAW)

→ IQL Level 3 🕒 6 hours 📄 3 years validity

What is EFAW?

IQL Level 3 Emergency First Aid at Work (EFAW) qualification.

This enables a first-aider to give emergency first-aid to someone who is injured or becomes ill while at work.

This one-day course covers a range of CPR and first aid skills, providing you with the skills to ensure a safe working environment.

The qualification is Ofqual accredited and valid for three years, making it suitable for all industries and enabling you to meet HSE requirements.

Subjects covered

- Understanding the role and responsibilities of a first aider
- How to manage an unresponsive casualty who is not breathing normally
- How to manage a casualty who is in shock
- How to assess an incident
- How to recognise and assist a casualty who is choking
- How to manage a casualty with a minor injury
- How to manage an unresponsive casualty who is breathing normally
- How to manage a casualty with external bleeding

<https://www.rlss.org.uk/emergency-first-aid-at-work/>

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